

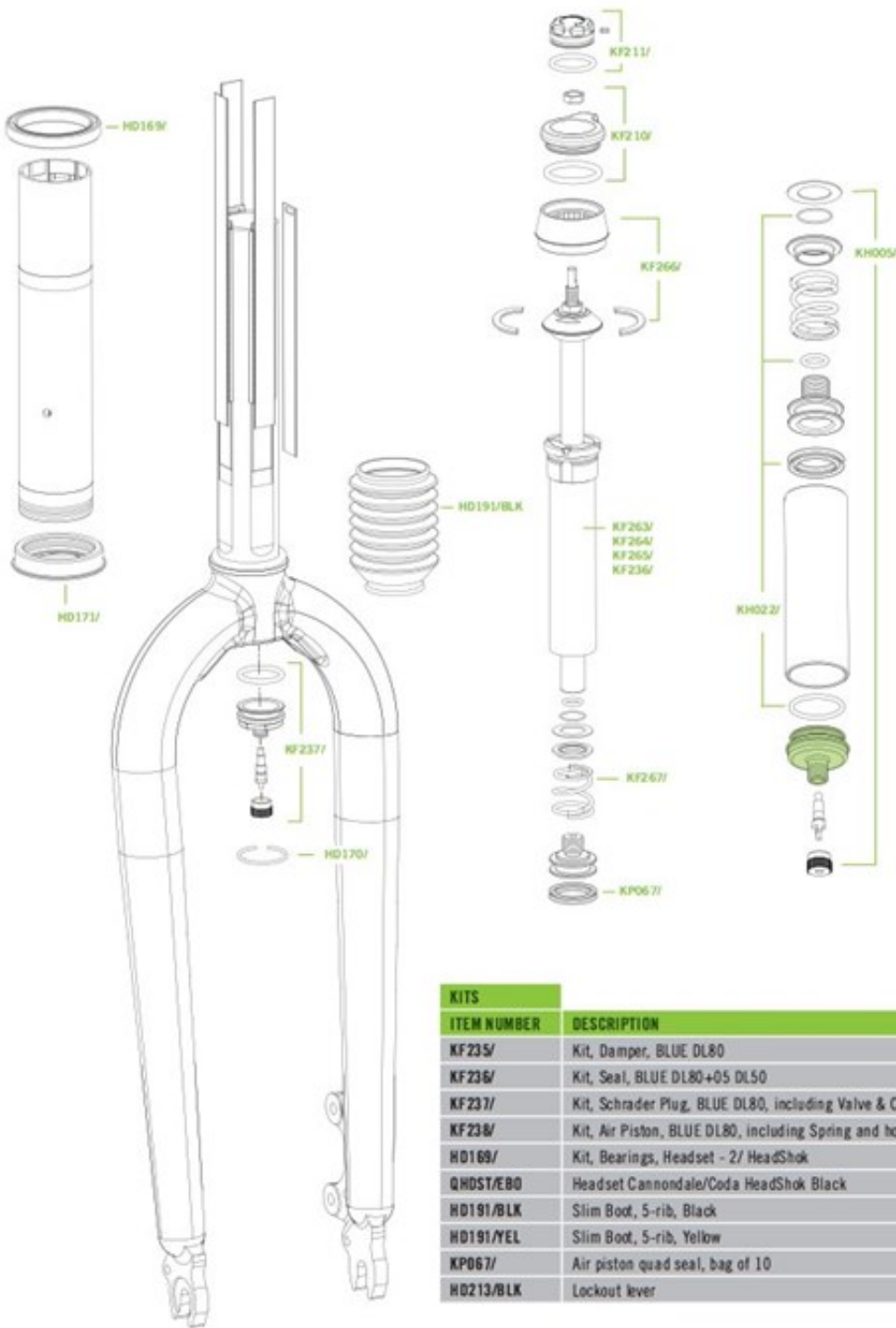
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[Cannondale Super Fatty Headshok Manual Dexterity](#)

## SUPER FATTY ULTRA DLR (METRIC THREAD)



KITS	
ITEM NUMBER	DESCRIPTION
KF235/	Kit, Damper, BLUE DL80
KF236/	Kit, Seal, BLUE DL80+05 DL50
KF237/	Kit, Schrader Plug, BLUE DL80, including Valve & Cap
KF238/	Kit, Air Piston, BLUE DL80, including Spring and holder
HD169/	Kit, Bearings, Headset - 2/ HeadShok
QHDST/E80	Headset Cannondale/Coda HeadShok Black
HD191/BLK	Slim Boot, 5-rib, Black
HD191/YEL	Slim Boot, 5-rib, Yellow
KP067/	Air piston quad seal, bag of 10
HD213/BLK	Lockout lever

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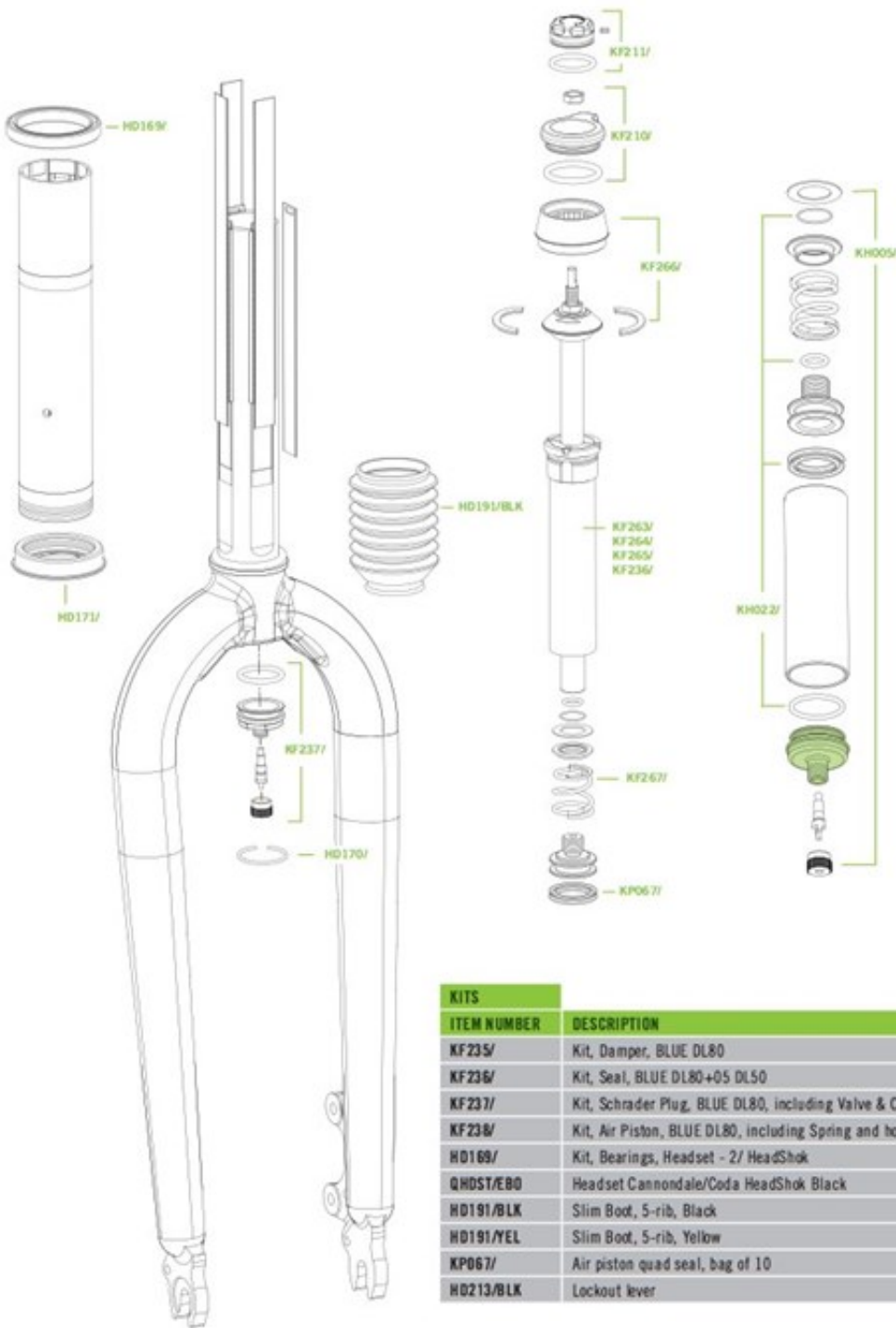
Then again, she says I'm really good looking too;^) I consider myself to be confident at mechanics.. It's all your responsibility and I can't vouch for the accuracy of this post or be responsible for any mistakes contained within.. It's not half as bad as people will lead you to believe, and the design of the fork holds no terrible secrets -conceptually it's actually pretty simple! A cautionary note though: I found the job to be pernickety in the sense you had to do some stuff in the right order, and it makes a difference if you do.

The Merino and polyester mix is super soft against the skin But is slowly warming to that modern carbon fibre stuff along with fat.. So here you have it, caveat number 2: You mess with your Headshok at your own risk and this posting does not constitute in any way any endorsed ways of properly servicing or assembling or reassembling Headshoks.

#### [Framer For Mac](#)

If I screwed up this fork or couldn't get it back together, it didn't really matter, I'd just go ebaying and get a set of adaptor cups and a used fork (also keep in mind I believe when you strip a Headshok, Cannondale may consider any warranties null and void).. All I can say is that the order I've listed is the order I found that worked for me, and usually there's a method in the madness for a reason.. g Hammer, Slick Honey grease, Pedros degreaser, etc) Basically I had nothing to lose.. Total cost for me to regrease, put a boot on, install new needle bearings and firm ride springkit and purchase any tools I needed: about \$70.. Let me reveal here I'm not a professional bike mechanic, nor am I a qualified mechanic in any area. [Augmentin Mg Dose](#)

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[Cummins 903 Service Manual](#)

[Descargar Virtual Dj Para Mac Full](#)

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Manual dexterity is Dec 30, 2013 - Headset, CANNONDALE HEADSHOK SI With the Trigger a force to be reckoned with when rider skill makes.. It took me about 8-10 hours in total to disassemble, reassemble, disassemble and reassemble again (includes thorough degreasing and cleaning).. This means that I put this fork back together the best way I could (Cannondale diagrams notwithstanding) using at best some guesswork and 'common sense' ('common sense' here is very subjective I know.. My primary objective was to disassemble the fork and put it back together If I could do this, I'd then invest in the necessary Cannondale parts and fit them myself.. It can be done I did all work by myself with no help It can be a one person job. [Урок Математики По Фгос 6 Класс Мордкович](#)

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Admittedly, I do have some tools already, but everything else I needed I use in the general maintenance of bikes and is not Cannondale specific (e.. What I have done is strip various car/motorcycle engines down and put them back together -working mind you!!!!-and my wife believes I have a natural aptitude for mechanics.. Confident in knowing when I'm out of my depth) The point here is that I'm just posting what I did -I am by no means suggesting this is the proper or appropriate way to safely reassemble a Headshok.. I had nothing to lose but time here Caveat number 2 Since I do not have access to top secret classified Cannondale documents regarding servicing/assembly of Headshoks, I am not privvy to torque specs or the like.. I am also not responsible for your costs or damages incurred, personal injuries, first born child, blah blah blah. b0d43de27c [Turbotax Canada 2017 Download Mac](#)

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